



## Settlement Support (Rotorua)

3<sup>rd</sup> Floor, 1136 Arawa Street,  
Private Bag 3029, Rotorua  
T: 07 3500 533 or 07 348 4199 ext 7054  
E: [ssnzrotorua@rdc.govt.nz](mailto:ssnzrotorua@rdc.govt.nz)  
W: [www.rotorua-living.com/settlement](http://www.rotorua-living.com/settlement)

## Inside this issue:

- What immigration support is available?
- What's On
- Bullying in School
- Volunteer Opportunities
- Beerfest, 18-24 October
- Migrant Expo, 30 October
- Settling In Tips from Gisela and Herbert



Heather McAllister  
Settlement Support  
Co-ordinator

**"If you have an event or something of interest that you would like to include in the newsletter, please send it to me by the 20<sup>th</sup> of the month."**

This newsletter focuses on highlighting local providers of services relevant to migrants and newcomers, upcoming events and items of interest.

## International Day of Older Persons 1 Oct 2010



### Spring Fling Activities (Oct – Nov 2010) Senior Spring Strut 1 October at 10am

Age Concern will be launching their Spring Fling programme of activities with a 'Senior Spring Strut' walk from Rotorua Arts Village (RAVE) to Government Gardens/Sulphur Point.

The programme provides an opportunity for people 55+ to be more socially and physically active. Included in the programme are lunchtime lectures, mystery bus rides, bowls, scrabble, painting, Tai Chi, Mahjong, photography, shared lunches and a cuppa.

All activities are FREE and transport can be provided if required.

Contact Farrah Nepia for further information and a copy of the Spring Fling programme of activities.

T. 07 347 1539 M. 027 617 5338  
E. [bruceandfarrah@xtra.co.nz](mailto:bruceandfarrah@xtra.co.nz) W. [www.ageconcern.org.nz](http://www.ageconcern.org.nz)

Age Concern promotes the rights and well being of older people in Rotorua. We provide personal support, and advocacy to help with a range of problems.

**CELEBRATE!**

**International Day  
of Older Persons**



## Settlement Support Local Network Meeting

**Who Should Attend?  
Migrants and those who support migrants**

Friday, 15 Oct 2010, 12 noon – 2pm

Rotorua District Council Offices  
1061 Haupapa Street, Rotorua

**Theme: What immigration support  
is available locally?**

### Guest speakers:

- Heather McAllister, Settlement Support New Zealand
- Jane Eynon-Richards, Citizens Advice Bureau
- Mayuan Si, Community Law
- Florence Brady, Office of Todd McClay – Member of Parliament for Rotorua

### Find out:

- What services are provided by each organization?
- What is the NZ Immigration Advisers Authority?
- How and when to use:
  1. An immigration lawyer / consultant
  2. Your Member of Parliament (MP)

**A light lunch will be provided**

Confirm your attendance, by Tuesday, 11 Oct 2010

Heather, Settlement Support Co-ordinator

Tel: 07 350 0533

Email: [ssnzrotorua@rdc.govt.nz](mailto:ssnzrotorua@rdc.govt.nz)



SETTLEMENT SUPPORT  
NEW ZEALAND



Citizens  
Advice  
Bureau



COALITION OF  
Community Law Centres  
AOTEAROA INC



OUR HOUSE  
www.parliament.nz

# What's On

## Rotorua Deepavali - Festival of Lights

Sat 2 Oct 2010, 10am – 10pm  
Events Centre,  
Government Gardens, Rotorua



10am-4pm  
Official opening ceremony, workshops (such as Mehndi, yoga, roti making, how to wear sari), clothing and jewellery stalls, Indian food stalls and educational stalls!.

8.45pm-9.15pm - Spectacular Fireworks display

Cost: FREE

Contact: Guna on 021 034 56210, or at [rotorua.deepawali@gmail.com](mailto:rotorua.deepawali@gmail.com)

## Rotorua Model Railway Show

2-3 Oct 2010, 10am -4pm  
Rotorua Race Course  
Fenton Street, Rotorua



This is a exhibition of Model Railway layouts in various scales and time periods.

There will be other hobbies exhibited as well, R/C planes, War gaming plus others along with trade tables and some second-hand items.

Cost: Child \$3, Adult \$5, Family \$15

Contact: Peter on 07 357 4655, or [egglestn@ihug.co.nz](mailto:egglestn@ihug.co.nz)

## Community Book Fair

Sun 3 Oct 2010, 10am – 3pm  
Tutanekai Street, Rotorua



Bring the family, browse for your favorite book or magazine and enjoy the entertainment at The Heart of Tutanekai Street First Annual Community Book Fair.

Cost: FREE

Contact: Sarah on 07 349 0591, or [info@sabroso.co.nz](mailto:info@sabroso.co.nz)

For further information about events in Rotorua, go to [www.rotoruanz.com/events](http://www.rotoruanz.com/events)

## Greek Cooking Classes

Sat 9 Oct and Sat 16 Oct 2010, 9am – 1pm  
Waiariki Institute of Technology,  
School of Trade Training

Learn to make traditional Greek cuisine. Classes are taught by Olga Milliken who has Greek parents and loves to cook. Meals are based on authentic Greek home cooking.

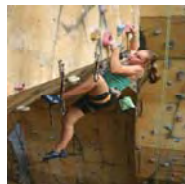
At the end of each session, sit down for a delicious lunch of what was prepared by the class.

This is a fundraising event for Rotorua Parents Centre  
Cost: \$70

Contact: Olga on 07 345 3111, or at [rotorua@parentscentre.org.nz](mailto:rotorua@parentscentre.org.nz)

## Indoor Climbing @The Wall

Sat, 9 Oct, 10am – 2pm  
The Wall, 1140 Hinemoa St, Rotorua



"The Wall" offers an indoor climbing experience not to be missed. Come along, give it a go and meet other migrants and newcomers.

Cost: \$10 for 2 hours

Contact: Simon or Matthew on

07 350 1400 to make a reservation, or email Susana at [Rotorua@newcomers.co.nz](mailto:Rotorua@newcomers.co.nz) for information.

## Secondhand Sunday

Sun, 17 Oct 2010, 8.30am – 11.30am



The event involves residents placing unwanted items at the front of their properties on Second-Hand Sunday so bargain hunters can check them out and take away anything they may find useful.

It is an ideal opportunity for local communities to spring clean their homes, garages and back yards without the hassle of taking it to the landfill or exchanging money.

All participants have to do is register. All registered properties will be advertised prior to the event, increasing people's chances of their items being collected. Second-Hand Sunday signs will be provided to participating houses.

To register, contact:

Christine Findon, at Rotorua District Council, on 07 350 0209 extn 8253.

Registrations close Wednesday 13 October at 5pm.

# News for Mums, Dads Littlies and Teens

## **Can you support new mothers with breastfeeding?**

**Thursday 7 October 2010, 9.30-11.30am**

**Korowai Aroha Health Centre  
1292 Hinemoa Street**

- **Getting ready for breastfeeding**
- **The basics of breastfeeding**
- **Making breastfeeding work in our lives**
- **Helping mothers in specific situations**

**We need your help to put breastfeeding back into widespread practise.** Many mothers need just that extra bit of support with maintaining breastfeeding for as long as possible.

**Are you that listening ear and sensible support person?**

This 5 week course will provide you with useful information as well as you becoming a key contact and support person for others.

Please advise your interest to  
Cecelia Pakinga by *Wednesday 6 October 2010*

Phone: 07 348 8454 ext 731

Mobile: 021 2627850

Email: [cecelia@korowai.org.nz](mailto:cecelia@korowai.org.nz)

***Breast milk, the food for growing leaders***

## OUT TO PLAY FAIRY DAY

Fairies Challenge Adults To Dress  
Up As Fairies For The Day!

Fairies Invite Children To Dress  
Up As Fairies For The Day  
And Bring Their  
Picnic Lunch  
To  
A Fairy Picnic

Kuirau Park (Ranolf Street)

From 12.30

Sunday, October 17<sup>th</sup> 2010

**Enquiries: Kay (07) 3490219**

## **Bullying in School**

**Bullying is recognized as the biggest creator of stress.**

### **What is bullying?**

Bullying is behaviour that makes the person being bullied feel afraid or uncomfortable.

Bullying can take the form of physical abuse and standover tactics, or it can be less obvious, but just as harmful. It can involve gossip and suggestive comments, practical jokes, calling someone names, swearing and yelling at them, or not talking to them and leaving them out.

### **What can you do?**

- Tell someone you trust. This person might be a parent, teacher, school counsellor, family member, or school principal.
- Try avoiding places where you are bullied, or take friends along with you.
- If you can – tell the bully you're not going to put up with it anymore, and that you're going to tell someone. It's a good idea to practice what you're going to say to the bully.

- If the bully is hurting you or ganging up on you yell for help and get out of there as fast as you can. Fighting back might get you into trouble too.
- If you don't want to talk about the bullying to someone you know, contact your local community law centre

**It's really important to tell an adult if you are being bullied, not telling allows bullying to continue.**

Remember, you've done nothing wrong by complaining, and it's your right to be left in peace

It takes courage to make a stand against bullying but, everyone is better off when it stops- especially you.

For more information, check out:

[www.youthlaw.co.nz/page/Bullying+in+School](http://www.youthlaw.co.nz/page/Bullying+in+School)

## **School Holiday Events**

If you're looking for activities to keep the kids occupied during the school holidays, check out [www.rotaz.co.nz](http://www.rotaz.co.nz) for up-to-date information on what's happening around town for the next month, including Guitar Hero comp, Vegas Youth Fun Day, Rotorua Zombi Walk, Sulpha City Skate Jam and more!



# Volunteering Opportunities

<b>Event:</b> RATS Duathlon	<a href="http://www.rats.org.nz">www.rats.org.nz</a>	<b>Date:</b> Tues 26 Oct 2010	<b>Time:</b> 8.30am – 2.30pm
<b>Location:</b> Waipa Carpark, Redwood Forest		<b>Benefits:</b> Lunch will be provided	
<b>Description of Event:</b> A Duathlon event (Run-bike-Run) held at Waipa Car park utilising the 'Redwoods' Mountain Biking and Running tracks The local RATS multisport club will control the assistance from Sport BOP		<b>Type of Volunteering Roles:</b> Starters Marshalls Traffic wardens Recorders.	



<b>Event:</b> Tour de Lakefront	<a href="http://www.tourdelakefront.com">www.tourdelakefront.com</a>	<b>Date:</b> Sat, 6 Nov 2010	<b>Time:</b> 9am –3pm
<b>Location:</b> Trail around Government Gardens		<b>Benefits:</b> Sandwich, water and goody bags	
<b>Description of Event:</b> Annual children's bicycle ride around lakeside and Government Gardens.		<b>Type of Volunteering Roles:</b> Marshalling, which includes directing cyclists, offering water, and directing traffic along parts of the route	



<b>Event:</b> Ibis Bike the Lake	<a href="http://www.bikethelake.com">www.bikethelake.com</a>	<b>Date:</b> Sun, 7 Nov 2010	<b>Time:</b> 7.30am – 12 noon
<b>Location:</b> Around Lake Rotorua		<b>Benefits:</b> \$50 each and a goody bag	
<b>Description of Event:</b> Annual cycling event around Lake Rotorua		<b>Type of Volunteering Roles:</b> Marshalling – a brief will take place on the Friday before the event. Volunteers must be over 18years	



<b>Event:</b> Armistice Day	<a href="http://www.rotoruanz.com/events">www.rotoruanz.com/events</a>	<b>Date:</b> Thurs, 11 Nov 2010	<b>Time:</b> 9.45am – 12noon
<b>Location:</b> Meet at the Rotorua Convention Centre at 9.45am		<b>Benefits:</b> Food vouchers	
<b>Description of Event:</b> Commemoration of the signing of the Armistice ending World War I in 1918. The date commemorates those members of the armed forces who were killed during the war. 11 <sup>th</sup> hour of the 11 <sup>th</sup> day of the 11 <sup>th</sup> month.		<b>Type of Volunteering Roles:</b> A meeting will be held on the Wednesday prior to the event to ensure that you are comfortable with your positioning. Road marshalling and redirecting traffic in the Queens Drive of Government Gardens. The event will be held at the Cenotaph on Queens Drive.	



For further information and to register as a volunteer in any of the above events, contact:

Amanda Hohneck, Event Co-ordinator  
 Events & Venues - Rotorua  
 Tel: 07 349 5141 ext 8694  
 Mob: 027 249 8675

# Join German Celebrations



## MUSIC

DAY	ENTRY	MUSIC	TIMES
MON TUES WED	<i>free</i> 5pm	music not yet confirmed watch this space!	
THUR <small>locals night</small>	<i>free</i> 5pm	Craig & Jamie <b>Fisher Kings Duo</b>	7 - 9 pm <small>exact times not yet confirmed</small>
FRI	<b>\$5</b> 5pm	<b>Guggemusik</b> 30 piece carnival band	8pm - 10pm
SAT	<b>\$20</b> <small>includes stein 12 noon</small>	<b>Guggemusik</b> 30 piece carnival band <b>Fisher Kings Duo</b>	between 2 - 4 & again 7 - 10 4pm - 6pm
SUN	<i>free</i> 9am	music not yet confirmed watch this space!	11am - 1pm

**BUS \$5 each way**

DAY	↑ pick up	↪ return
MON TUES WED	Info Centre 6 pm	Okere Falls back to town 10 pm-ish
THUR	Info Centre 6 pm	Okere Falls back to town 10 pm-ish
FRI	Info Centre 6 pm	Okere Falls back to town 10 pm-ish
SAT	Info Centre 1 pm Info Centre 6 pm	Okere Falls back to town 6.30 pm-ish Okere Falls back to town 10 pm-ish

Group bookings of 10 or more get great discounts!

For more info email us:  
[beerfest@okerefallsstore.co.nz](mailto:beerfest@okerefallsstore.co.nz)

DAY	ENTRY	TIMES
MON TUES WED	<i>free</i>	5pm ↓ 10pm
THUR <small>locals night</small>	<i>free</i>	5pm ↓ 10pm
FRI	<b>\$5</b>	5pm ↓ 10pm
SAT	<b>\$20</b> <small>includes stein</small>	12noon ↓ 10pm
SUN <small>S.S.W.C</small>	<i>free</i>	9am ↓ 2pm

**FOR MORE INFO  
ON MUSIC,  
BUS TIMES AND  
FOOD, GO TO  
OUR "EVENTS"  
PAGE**

**EVERY NIGHT: BRATWURSTS & BIER  
FOR EVERYONE ... OVER 18!**

**PORK ROAST  
FEAST** WITH POTATO  
SALAD  
**SCHWEINSHAXE**  
LIMITED NUMBERS  
SO MUST BOOK! \$20

**SUNDAY  
FROM 9AM  
GERMAN BIER  
BREAKFAST!  
WEISS WURST  
WEISS BIER  
BREZZELS &  
GREAT COFFEE!**

IMPORTED BEER FROM A 700 YEAR OLD BREWERY

# Springs Here Get out in the Garden!



Hannah's Bay community restoration trust presents  
**Small Scale - Big Harvest**  
working in harmony with nature to create an abundance of  
food and a space of beauty—even on a small area of land....  
**NOTE THE CHANGE IN VENUE**

A reminder for all those keen on attending, be in quick places are going FAST.

**We have a change in venue** The workshops will now be run at

**The Rotorua Youth Centre**  
6 Te Ngae Road  
Rotorua

Come and join us for these workshops are aimed at home gardeners or people wanting to help set up organisation/ community gardens, as we also provide on-going support.

These gardens will result in an education garden complete with hand-out notes, and on-going workshop support for the Rotorua Youth Centre a passionate organization committed to our youth (and whanau), committed to the kaupapa of health and well-being, and with the building of stronger communities, through working together.

**Sunday 3rd October:** setting up the systems; watering systems, worm farm, compost, liquid manure etc.

**Sunday 17th October:** making your own seed raising and potting mixes, no dig gardens, learning how to utilise a small space with innovative growing ideas

**Sunday 31st October:** Build a herb spiral; no-dig garden, build bean fences, and learn about what makes your food grow, organically (naturally).

**Sunday 7th November** companion planting/rotation gardening, manure crops (crops for feeding and balancing the soil), planting calendar and seed saving.

**Price:** Koha (sliding scale \$10–60 for the series)  
**Contact:** Denise La Grouw: 345-5592

**Supported by:** Hannah's Bay community restoration trust &



## Rotorua Rhododendron Festival

**30-31 Oct 25-26 2010,**  
9am – 5pm

Five choice rhododendron gardens are offered for visitors viewing at best of seasons flowering time.

Gardens are as follows:

### Tikitere Gardens

Bill and Anne  
104 State Highway 30  
Tel: 07 345 5036

### Rhodohaven

Jim and Juanita  
31 Ward Rd, Hamurana  
Tel: 07 332 3673

### Millers Garden

Walter and Dawn  
56 Fleming Rd, off Oturoa Rd  
Tel: 07 332 3637

### Rhodohill

Dave and Ailsa  
569 Paradise Valley Rd  
Tel: 07 348 9010

### The Garden Art Gallery

Jeanette and Graeme  
60 Lynmore Ave  
Tel: 07 345 9660

All these gardens are delightful and you are most welcome to visit them.

Cost: Pay as you visit each garden. Most gardens \$5 per person.

Contact:

Jim and Juanita Elley on  
07 332 3673 or at,  
[rhodohaven@xtra.co.nz](mailto:rhodohaven@xtra.co.nz)



**350 Aotearoa** is part of an international campaign to unite the world around solutions to climate change. Our mission is to inspire climate action in communities across New Zealand.

### How to Get Involved in Rotorua

**Sat, 9 October 2010, 9:00am - 12:30pm**  
Kuirau Park south of the playground, Rotorua

We will be at the Rotorua Farmer's Market at Kuirau Park south of the playground. A number of stalls will be set up offering products and services that contribute to managing climate change (e.g. free or low cost native trees)

Contact Eldad Collins at [eldad.collins@apr.co.nz](mailto:eldad.collins@apr.co.nz)



## Waikato Migrant Expo 2010

Sun, 30 Oct 2010, 10am – 4pm

The Meteor, 1 Victoria Street, Hamilton

The Migrant Expo will feature exciting products and service pavilions including:

- Business Migrant
- Money Matters
- Settlement Support
- Health and Safety
- Education and Training
- Career Advice and Government Departments.
- Plus a range of products and services.

The addition of a pavilion called the International Student Fair is expected to boost visitor numbers.

This year the focus is also on self-employment and business opportunities.

The economic climate and the high level of unemployment among locals is making it difficult for new migrants to find jobs. Having a job is key to successful settlement, and a surer way to find one in New Zealand is through self-employment, say the organisers.

The show will be the launch pad for the Hamilton Business Migrants Network (a counterpart of the Auckland network), a group that will hold networking meetings and mentor aspiring entrepreneurs to take the plunge.

### How to Get There

**THE METEOR** is located in the heart of Hamilton's Central Business District.

The Meteor, 1 Victoria Street, cnr Victoria and Bridge Streets, Hamilton City Centre

Heaps of free parking available in the city centre on a weekend.

### WorkPlace Literacy based here at Waiariki Institute of Technology

Programmes designed and customised to meet the needs of learners in the context of work related tasks.

Eg: written communication – professional email, report, proposal writing, completing forms, minute taking; oral communication – face to face and telephone, oral presentations, dealing with conflict; team building; participating in team meetings; leadership, problem solving; te reo Māori literacy for work; numeracy related tasks.

Assessment of needs made in the context of tasks being performed.

- One on one or small group sessions.
- 1 – 2 hour sessions.
- 40 hours per learner.
- In the workplace.
- Tutoring by trained and experienced staff.
- Available to businesses, community organisations, government departments.
- Free of charge.
- Upskilling of staff in the area of literacy - reading, writing, listening, speaking, critical thinking.
- Upskilling of staff in numeracy – making sense of numbers to solve problems, reason statistically, measure and interpret shape and space.

This is a Tertiary Education Commission funded project that is offered throughout New Zealand. Waiariki Institute of Technology has worked to date with tourism providers, community health providers, DHBs, Credit Union, retail businesses. The programmes have proved to be very successful.

**For further information, contact Kay McGregor at 07 346 8999**

# Back Page News

## Justice of the Peace (JP) Clinics at Citizen Advice Bureau



JPs perform a number of roles including:

- Witnessing documents
- Providing a certified copy of a document

Rotorua Justice of the Peace Assn has agreed to staff JP clinics in the Bureau on Mondays and Wednesdays from 12noon to 1.30pm starting on 11 October 2010. Clients are advised to ring the Bureau 07 348 3936 and make an appointment, but they can just turn up between those times as well.



**Fri, 29 October 2010**

**When:** Every last Friday of the month, 12.10–12.50 pm

**Venue:** Rotorua Arts Village (RAVE)  
Corner of Hinemaru & Hinemoa Sts,  
Rotorua

**This will be the last forum of the year.  
Starts next year on Friday, 25 February 2011**

Each month a migrant tells of their culture and of their experiences of settling into New Zealand

For further information, contact:

Judy on 07 350 2395,  
[judy.winiata@englishlanguage.org.nz](mailto:judy.winiata@englishlanguage.org.nz)

Heather on 07 350 0533,  
[ssnzrotorua@rdc.govt.nz](mailto:ssnzrotorua@rdc.govt.nz)

## Fees change on 1 October



On 1 October 2010 the New Zealand Goods and Services Tax (GST) will increase from 12.5 percent to 15 percent.

The GST increase will be added to the fees for all Immigration New Zealand applications submitted onshore with the exception of the Skilled Migrant Category – Expression of Interest (paper and online), and all Working Holiday Scheme applications.

All migrant levies will increase in line with the GST rise.

## Tips from Gisela and Herbert from Germany



**Smile and you get a smile back.** People are more likely to talk to you.

**If your English is not so good, tell people first.** They will be more patience and helpful (eg in shops)

**Use every opportunity to practice speaking English.** It is difficult learning a another language. Use it or loose it.

**Be flexible.** There is usually sometime similar in New Zealand. eg Large classical music concerts can be replaced by great music events at St Lukes Church, the Museum and the Convention Centre. ...sometimes they are FREE.

**There is a lot for older people to do in Rotorua. Contact Settlement Support to find out more.**

## SETTLEMENT SUPPORT NEW ZEALAND

3<sup>rd</sup> Floor, ,  
1136 Arawa Street  
ROTORUA

Phone: **07 3500 533**  
Email: [ssnzrotorua@rdc.govt.nz](mailto:ssnzrotorua@rdc.govt.nz)  
Visit: [www.rotorua-living.com/settlement](http://www.rotorua-living.com/settlement)

For settlement information, visit: [www.immigration.govt.nz/settlement](http://www.immigration.govt.nz/settlement)



TE TARI MAHI  
Department  
of Labour

